UNIT	GRADE	LESSON
Social & Emotional Health	Kindergarten	Lesson 1: Learning to Show Respect and Caring
Social & Emotional Health	Kindergarten	Lesson 2: Making Friends
Social & Emotional Health	Kindergarten	Lesson 3: Caring Touch
Social & Emotional Health	Kindergarten	Lesson 4: So Many Different Feelings
Social & Emotional Health	Kindergarten	Lesson 5: What to Do About Strong Feelings
Social & Emotional Health	Kindergarten	Lesson 6: Sharing Our Feelings
Social & Emotional Health	Kindergarten	Lesson 7: Compliments and Appreciation
Social & Emotional Health	Kindergarten	Lesson 8: Being Responsible at Home and School
Nutrition & Physical Activity	Kindergarten	Lesson 1: Food Variety for Healthy Eating
Safety	Kindergarten	Lesson 1: Helping Ourselves Stay Safe
Safety	Kindergarten	Lesson 4: When and How to Phone 911
Safety	Kindergarten	Lesson 5: Staying Personally Safe
Alcohol, Tobacco, & other Drugs	Kindergarten	Lesson 1: Being Safe With Medicines
Alcohol, Tobacco, & other Drugs	Kindergarten	Lesson 2: Poison Safety
Personal Health & Wellness	Kindergarten	Lesson 1: Germ Buster
Social & Emotional Health	1st	Lesson 1: Predicting How People Feel
Social & Emotional Health	1st	Lesson 2: Asking Others How They Feel
Social & Emotional Health	1st	Lesson 3: Showing Courtesy to Others
Social & Emotional Health	1st	Lesson 4: Appreciating Other People
Social & Emotional Health	1st	Lesson 5: Helping Our Friends and Family
Social & Emotional Health	1st	Lesson 6: Building Friendships by Listening
Social & Emotional Health	1st	Lesson 7: Three Steps for Solving Problems and Making Decisions
Social & Emotional Health	1st	Lesson 8: Practicing the WIN Steps
Nutrition & Physical Activity	1st	Lesson 2: Making Healthy Snack Choices
Nutrition & Physical Activity	1st	Lesson 3: Physical Activity, Rest, and Sleep
Safety	1st	Lesson 1: Safety on Wheels
Safety	1st	Lesson 4: Staying Safe in a Fire Emergency
Alcohol, Tobacco, & other Drugs	1st	Lesson 3: Terrible Tobacco
Personal Health & Wellness	1st	Lesson 1: Learning to Wash Your Hands the Right Way
Social & Emotional Health	2nd	Lesson 1: Tending Our Garden of Feelings
Social & Emotional Health	2nd	Lesson 2: Handling Mixed Feelings
Social & Emotional Health	2nd	Lesson 3: Expressing Feeling Respectfully
Social & Emotional Health	2nd	Lesson 4: Listening to Others With Respect
Social & Emotional Health	2nd	Lesson 5: Everyone Deserves Respect
Social & Emotional Health	2nd	Lesson 6: Showing Respect for Other People
Social & Emotional Health	2nd	Lesson 7: Managing Anger and other Strong Feelings
Social & Emotional Health	2nd	Lesson 8: Making Good Decisions
Social & Emotional Health	2nd	Lesson 9: Practcing the WIN Steps

Northina Physical Activity 2	Al. delition O Dh. singl Anticity	24	Lanca 2. Combination Foods and Foods to Limit
Safety 2nd Lesson 3: Water Safety 2nd Lesson 3: Surfing on the internet	Nutrition & Physical Activity	2nd	Lesson 2: Combination Foods and Foods to Limit
Safety 2nd Lesson 3: Surfing on the Internet Alcohol, Tobacco, & other Drugs 2nd Lesson 1: Kids and Cafefiner. A Shaly Mix Alcohol, Tobacco, & other Drugs 2nd Lesson 2: Staying Away From Nicotine and Alcohol Alcohol, Tobacco, & other Drugs 2nd Lesson 3: Staying Away From Nicotine and Alcohol Alcohol, Tobacco, & other Drugs 2nd Lesson 3: Saying 'No' To Secondhand Smoke 3nd Lesson 3: Saying 'No' To Secondhand Smoke 3nd Lesson 3: Saying 'No' To Secondhand Smoke 3nd Lesson 3: Everprenting Positive folio Models and Friends 3nd Lesson 1: Identifying Positive folio Models and Friends 3nd Lesson 3: Everprent Positive Friendships 3nd Lesson 3: Tobacco 3nd 4: Everprent Positive Friendships 3nd Lesson 3: Everprent Positive Friendships 3nd Alcohol Alcoholism 4nd 4nd Lesson 3: Everprent P			
Acobo, Tobacco, & other Drugs 2nd Lesson 1: Kids and Caffeine: A Shaky Mix Alcobal, Tobacco, & Other Drugs 2nd Lesson 3: Saying "No" to Secondhand Smoke Social & Emotional Health 3rd Lesson 3: Saying "No" to Secondhand Smoke Social & Emotional Health 3rd Lesson 1: Identifying Positive Role Models and Friends Social & Emotional Health 3rd Lesson 1: Identifying Positive Role Models and Friends Social & Emotional Health 3rd Lesson 1: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 1: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 1: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 1: Helping Others by Protecting Them From Bullles Social & Emotional Health 3rd Lesson 6: Helping Others and Secting Help Social & Emotional Health 3rd Lesson 6: Helping Others and Secting Help Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 8: Expressing Annoyance Respectfully Nutrition & Physical Activity 3rd Lesson 2: Don't Be riricked by Advortising Nutrition & Physical Activity 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 1: Three Keys to Passenger Safety Social & Emotional Health 4th Lesson 1: Thousaco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 1: Thousaco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 1: The Drugheen and Goodbye Germs Social & Emotional Health 4th Lesson 1: Drugheen and Goodbye Germs Social & Emotional Health 4th Lesson 1: Drugheen and Goodbye Germs Social & Emotional Health 4th Lesson 2: Pecilip Review Drugheen and Goodbye Germs Social & Emotional Health 4th Lesson 3: Drugheen and Goodbye Germs Social & Emotional Health 4th Lesson 5: Drugheen and Goodbye Germs Social & Emotional Health 4th Le			•
Accobol, Tobacco, & other Drugs 2nd Lesson 3: Staying Away From Nicotine and Alcobol Alcohol, Tobacco, & other Drugs 2nd Lesson 3: Saying "No" to Secondad Smoke Social & Emotional Health 3rd Lesson 3: Saying "No" to Secondad Smoke Social & Emotional Health 3rd Lesson 3: Leveryone Has Special Talents Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 6: Respecting Our Differences Social & Emotional Health 3rd Lesson 6: Helping Others by Protecting Them From Bullies Social & Emotional Health 3rd Lesson 7: Expressing Tanapark and Appreciation Social & Emotional Health 3rd Lesson 7: Expressing Tanapark Expectfully Social & Emotional Health 3rd Lesson 8: Expressing Annapark Expectfully Nutrition & Physical Activity 3rd Lesson 8: Expressing Annapark Expectfully Active Untrition & Physical Activity 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: My Plan to Be Physical Activity Safety 3rd Lesson 4: Street Smarts Saconal Mealth Media Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Street Smarts Saconal & Emotional Health Social & Emotional Hea	,		
Acchol, Tobacco, & other Drugs 2nd Lesson 1: Saying "No" to Secondhand Smoke Social & Emotional Health 3rd Lesson 1: Identifying Positive Role Models and Friends Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 5: Helping Others by Protecting Tem From Buillies Social & Emotional Health 3rd Lesson 6: Helping Others by Protecting Tem From Buillies Social & Emotional Health 3rd Lesson 6: Helping Others and Getting Help Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 8: Expressing Annoyance Respectfully Nutrition & Physical Activity 3rd Lesson 1: Besson 2: Don't De Tricked by Advertising Nutrition & Physical Activity 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 2: The negative Effects of Tobacco Use Lesson 3: Thobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: The Lesson 3: Thobacco and the Media Alcohol, Tobacco, & Other Drugs 3rd Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 3: Freeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Preling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Preling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Preling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Preling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Preling Better Steps for Decision Making Social & Emotional Health 4th Lesson 3: Preling Better Through Positive Self-Talk Lesson 3: Preling Better Through Positive Self-Talk Lesson 4: Practicing Ways to Protect Self and Others From Bullying Social & Emotional			,
Social & Emotional Health 3rd Lesson 1: Identifying Positive Role Models and Friends Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 4: Respecting Our Differences Social & Emotional Health 3rd Lesson 5: Helping Others by Protecting Them From Bullies Social & Emotional Health 3rd Lesson 6: Helping Others and Getting Help Social & Emotional Health 3rd Lesson 6: Helping Others by Repressing Tannak appreciation Social & Emotional Health 3rd Lesson 7: Expressing Tannak appreciation Social & Emotional Health 3rd Lesson 7: Expressing Tannak appreciation Social & Emotional Health 3rd Lesson 8: Expressing Annoyance Respectfully Nutrition & Physical Activity 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Social & Emotional Health 4th Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 3: Bullying Hurst Everyone, but No One is Helples Social & Emotional Health 4th Lesson 5: Marking Wiss Every Steps for Decision Making Social & Emotional Health 4th Lesson 6: Parciting Mays to Protect Self and Othe			
Social & Emotional Health Social & Emotional Health Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents Social & Emotional Health 3rd Lesson 6: Respecting Our Differences Social & Emotional Health 3rd Lesson 6: Respecting Our Differences Social & Emotional Health 3rd Lesson 6: Helping Others by Protecting Them From Bullies Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 7: Expressing Annoyance Respectivity Nutrition & Physical Activity 3rd Lesson 8: Expressing Annoyance Respectivity Nutrition & Physical Activity 3rd Lesson 1: Onn't Be Tricked by Advertising Nutrition & Physical Activity 3rd Lesson 1: Three Keys to Passenger Safety 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Three Keys to Passenger Safety 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Alcohol and Alcoholism Personal Health & Wellness 3rd Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 3: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 7: More Practicing Mays to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 8: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self a			
Social & Emotional Health 3rd Lesson 3: Everyone Has Special Talents			, ,
Social & Emotional Health 3rd Lesson 4: Respecting Our Differences Social & Emotional Health 3rd Lesson 5: Helping Others by Protecting Them From Bullies Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation Social & Emotional Health 3rd Lesson 8: Expressing Annayance Respectfully Nutrition & Physical Activity 3rd Lesson 2: Don't Be Tricked by Advertising Nutrition & Physical Activity 3rd Lesson 1: Three Keys to Besnager Safety 3rd Lesson 1: Three Keys to Besnager Safety 3rd Lesson 1: Three Keys to Besnager Safety 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & Other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & Other Drugs 3rd Lesson 1: Lising Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 1: Lising Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Dealth Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 8: Making Wise Selson Self-Talk Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 9: Doctor of Practicing Making Decision		3rd	
Social & Emotional Health 3rd Lesson 5: Helping Others by Protecting Them From Bullies	Social & Emotional Health	3rd	,
Social & Emotional Health	Social & Emotional Health	3rd	Lesson 4: Respecting Our Differences
Social & Emotional Health 3rd Lesson 7: Expressing Thanks and Appreciation	Social & Emotional Health	3rd	Lesson 5: Helping Others by Protecting Them From Bullies
Social & Emotional Health Nutrition & Physical Activity 3rd Lesson 8: Expressing Annoyance Respectfully Nutrition & Physical Activity 3rd Lesson 4: Wp Plan to Be Physical Partition Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 1: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 2: The negative Effects of Tobacco Use Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 1: Hello Hygien and Goodbye Germs Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 3: Sleeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Well Purts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 6: Practicing Health 5coial & Emotional Health 4th Lesson 6: Practicing Health 5coial & Emotional Health 4th Lesson 7: More Practice Making Decisions Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 3: Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 3: Softwal to Dow New You Disagree 5coial & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 4: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Why Not Alcohol	Social & Emotional Health	3rd	Lesson 6: Helping Ohters and Getting Help
Nutrition & Physical Activity 3rd Lesson 2: Don't Be Tricked by Advertising Nutrition & Physical Activity 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Alcohol and Alcoholism Personal Health & Wellness 3rd Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Others From Bullying Social & Emotional Health 4th Lesson 6: Practicing the WISE Decisions Social & Emotional Health 4th Lesson 6: Washing Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing the WISE Steps for Decision Making Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Mays to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 3: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	3rd	Lesson 7: Expressing Thanks and Appreciation
Nutrition & Physical Activity 3rd Lesson 4: My Plan to Be Physically Active Safety 3rd Lesson 4: Three Keys to Passenger Safety Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Three Keys to Passenger Safety Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Bersonal Health & Wellness 3rd Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 9: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol	Social & Emotional Health	3rd	Lesson 8: Expressing Annoyance Respectfully
Safety 3rd Lesson 1: Three Keys to Passenger Safety Safety 3rd Lesson 4: Street Smarts Alcohol, Tobacco, & other Drugs 3rd Lesson 2: The negative Effects of Tobacco Use Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Alcohol and Alcoholism Personal Health & Wellness 3rd Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Nutrition & Physical Activity	3rd	Lesson 2: Don't Be Tricked by Advertising
Safety Alcohol, Tobacco, & other Drugs Alcohol, Tobacco, & oth	Nutrition & Physical Activity	3rd	Lesson 4: My Plan to Be Physically Active
Alcohol, Tobacco, & other Drugs Alcohol, Tobacco, & other Drug	Safety	3rd	Lesson 1: Three Keys to Passenger Safety
Alcohol, Tobacco, & other Drugs 3rd Lesson 3: Tobacco and the Media Alcohol, Tobacco, & other Drugs 3rd Lesson 4: Alcohol and Alcoholism Personal Health & Wellness 3rd Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 3: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 9: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 9: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol	Safety	3rd	Lesson 4: Street Smarts
Alcohol, Tobacco, & other Drugs 3rd Lesson 1: Hello Hygiene and Goodbye Germs Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 3: Advertising and Drugs	Alcohol, Tobacco, & other Drugs	3rd	Lesson 2: The negative Effects of Tobacco Use
Personal Health & Wellness Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practcing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 1: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangeros of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Alcohol, Tobacco, & other Drugs	3rd	Lesson 3: Tobacco and the Media
Social & Emotional Health 4th Lesson 1: Using Self-Control to Manage Strong Feelings Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Alcohol, Tobacco, & other Drugs	3rd	Lesson 4: Alcohol and Alcoholism
Social & Emotional Health 4th Lesson 2: Feeling Better Through Positive Self-Talk Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practicing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 5coial & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Personal Health & Wellness	3rd	Lesson 1: Hello Hygiene and Goodbye Germs
Social & Emotional Health 4th Lesson 3: Bullying Hurts Everyone, but No One is Helpless Social & Emotional Health 4th Lesson 4: Practcing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 1: Using Self-Control to Manage Strong Feelings
Social & Emotional Health 4th Lesson 4: Practcing Ways to Protect Self and Ohters From Bullying Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 2: Feeling Better Through Positive Self-Talk
Social & Emotional Health 4th Lesson 5: Making WISE Decisions Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 3: Bullying Hurts Everyone, but No One is Helpless
Social & Emotional Health 4th Lesson 6: Practicing the WISE Steps for Decision Making Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 4: Practcing Ways to Protect Self and Ohters From Bullying
Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 5: Making WISE Decisions
Social & Emotional Health 4th Lesson 7: More Practice Making Decisions the WISE Way Social & Emotional Health 4th Lesson 8: What to Do When You Disagree Social & Emotional Health 4th Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 6: Practicing the WISE Steps for Decision Making
Social & Emotional Health Ath Lesson 9: Practicing Ways to Resolve Conflicts Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	
Nutrition & Physical Activity 4th Lesson 2: Serve Up Good Nutrition Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 8: What to Do When You Disagree
Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Social & Emotional Health	4th	Lesson 9: Practicing Ways to Resolve Conflicts
Nutrition & Physical Activity 4th Lesson 3: Food Advertising Influences 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	Nutrition & Physical Activity	4th	Lesson 2: Serve Up Good Nutrition
Safety 4th Lesson 4: Staying Safe When Home Alone Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	·		
Safety 4th Lesson 5: Dangerous Objects and Weapons Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs		4th	·
Alcohol, Tobacco, & other Drugs Alcohol, Tobacco, & other Drugs 4th Lesson 1: Dangers of Second Hand Smoke Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs			, <u>*</u>
Alcohol, Tobacco, & other Drugs 4th Lesson 2: Why Not Alcohol Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs	,		· ·
Alcohol, Tobacco, & other Drugs 4th Lesson 4: Advertising and Drugs			
	_		

Puberty	4th	Lesson 1: A Climate for Growth
Puberty	4th	Lesson 2: New Life
Puberty	4th	Lesson 3: Families and Roles
Puberty	4th	Lesson 4: Social and Emotional Changes
Puberty	4th	Lesson 5: Growing Up Male
	4th	Lesson 6: Growing Up Female
Puberty Social & Emotional Health	5th	Lesson 1: Managing Strong Feelings
Social & Emotional Health	5th	Lesson 2: Telling Others What Bothers Us
Social & Emotional Health	5th	Lesson 3: Healthy Ways to Handle Harassment or Bullying
Social & Emotional Health	5th	Lesson 4: Practicing Positive Ways to End Bullying
Social & Emotional Health	5th	
Social & Emotional Health		Lesson 5: Speaking With Respect for Self and Others
Social & Emotional Health	5th	Lesson 6: Listening With Respect Lesson 7: Making WISE Decisions to Avoid Trouble
	5th	·
Social & Emotional Health	5th	Lesson 8: Practicing the WISE Way to Avoid Trouble
Social & Emotional Health	5th	Lesson 9: Getting Help From Adults for People in Danger
Social & Emotional Health	5th	Lesson 10: Using a Secret Formula to Resolve Conflicts
Social & Emotional Health	5th	Lesson 11: Finding Healthy Solutions to Conflicts
Social & Emotional Health	5th	Lesson 12: Practicing Our Conflict Resolution Skills
Social & Emotional Health	5th	Lesson 13: Setting Positive Goals for Health and Happiness
Social & Emotional Health	5th	Lesson 14: Making Our School a Caring and Respectful Place
Nutrition & Physical Activity	5th	Lesson 1: What's in Food
Nutrition & Physical Activity	5th	Lesson 2: More about Nutrients and Using Food Labels
Safety	5th	Lesson 2: Staying Sate at Home Alone
Safety	5th	Lesson 3: Staying Safe in Public
Alcohol, Tobacco, & other Drugs	5th	Lesson 1: Inhalants - More Dangerous Than You Think
Alcohol, Tobacco, & other Drugs	5th	Lesson 2: Tabacco and Your Health
Alcohol, Tobacco, & other Drugs	5th	Lesson 3: What's in an Ad
Alcohol, Tobacco, & other Drugs	5th	Lesson 4: Saying "No" to Tobacco and Inhalants
Personal Health & Wellness	5th	Lesson 2: Become a Savvy Consumer
HIV & Reproductive Health	5th	Lesson 1: HIV Infection-Prevention and Compassion
Puberty	5th	Lesson 1: Ready, Set, Grow!
Puberty	5th	Lesson 2: Puberty and the Male Reproductive System
Puberty	5th	Lesson 3: Puberty and the Female Reproductive System
Puberty	5th	Lesson 4: Reproduction
Puberty	5th	Lesson 5: Personal Hygiene and Healthy Habits
Puberty	5th	Lesson 6: Media Messages
Social & Emotional Health	6th	Lesson 1: Taking Healthy Risks in Friendships
Social & Emotional Health	6th	Lesson 2: Listening to and Appreciating Our Friends and Others
Social & Emotional Health	6th	Lesson 3: Speaking Assertively and Respectfully
Social & Emotional Health	6th	Lesson 4: Managing Strong Feelings in Healthy Ways

Social & Emotional Health	6th	Lesson 5: Expressing Anger Without Angry Behaviors
Social & Emotional Health	6th	Lesson 6: Getting Help From Others
Social & Emotional Health	6th	Lesson 7: Making Healthy Decisions
Social & Emotional Health	6th	Lesson 8: Practicing How to Make Decisions and Solve Problems
Social & Emotional Health	6th	Lesson 9: Finding Ways to Resolve Conflict
Social & Emotional Health	6th	Lesson 10: Learning How to Manage Stress
Nutrition & Physical Activity	6th	Lesson 1: CSI Food Illness
Nutrition & Physical Activity	6th	Lesson 4: Built to Last
Safety	6th	Lesson 5: Protecting Yourself From Hazards, Hackers, and Humiliation While on the Internet-Part I
Safety	6th	Lesson 6: Protecting Yourself From Hazards, Hackers, and Humiliation While on the Internet-Part II
Alcohol, Tobacco, & other Drugs	6th	Lesson 2: Common Myths About Drugs That Claim to Help You
Alcohol, Tobacco, & other Drugs	6th	Lesson 5: Drug Use Hurts Your Friends, Family, and Future, Too
Alcohol, Tobacco, & other Drugs	6th	Lesson 6: Youth Tobacco Laws and Policies: What and Why
Alcohol, Tobacco, & other Drugs	6th	Lesson 9: If in Doubt, Don't Go
Personal Health & Wellness	6th	Lesson 1: Germ Busters
Puberty	6th	Lesson 1: Growing Together
Puberty	6th	Lesson 2: Building Blocks of Life
Puberty	6th	Lesson 3: Fetal Development
Puberty	6th	Lesson 4: How My Body Works
Puberty	6th	Lesson 5: Emotions and Relationships
Puberty	6th	Lesson 6: Growing Strong
A Winning Team: Healthy Eating and Physical Activity	7th	Lesson 1: Figuring Out the Nutrition and Physical Activity Rumor Mill
A Winning Team: Healthy Eating and Physical Activity	7th	Lesson 4: Finding out the Right Physical Activities for Me
A Winning Team: Healthy Eating and Physical Activity	7th	Lesson 5: Healthy Body Image and Weight
Choosing who I am, Choosing who I become	7th	Lesson 1: Why do you act that way
Choosing who I am, Choosing who I become	7th	Lesson 2: Character Traits in Action
A Winning Team: Healthy Eating and Physical Activity	8th	Lesson 6: Finding Power Calories
A Winning Team: Healthy Eating and Physical Activity	8th	Lesson 7: Packages can trick us
A Winning Team: Healthy Eating and Physical Activity	8th	Lesson 11: Moving Forward towards healthy eating and physical activity
Choosing who I am, Choosing who I become	8th	Lesson 11: Becoming the person you want to be
Choosing who I am, Choosing who I become	8th	Lesson 12: The courage to act